

# -NBS Fact Sheet - Therapeutic Garden Sesvete

NBS 3 Community-based urban farming and gardening on post-industrial sites



# Living Lab Zagreb, Croatia

# **NBS** description

Therapeutic gardens are specially designed gardens with the aim of strengthening motor, sensory, cognitive, affective, nutritional, emotional and social potential. The therapeutic garden in the Sesvete district of Zagreb is used by various groups of disabled individuals of all ages throughout the year.

The garden is managed by the City Office for Economy, Environmental Sustainability and Strategic Planning and the everyday activities are managed by Mali Dom day-care center for children with disabilities.

# Aim & goals

The aim of the therapeutic garden is to provide users with an opportunity to spend time outdoors that benefits their physical and mental health. Key goals of the NBS are:

- fostering social inclusion of people with disabilities within the community of healthy individuals, representing a great benefit of the aarden
- potentially promoting social equality within the community and reduce discrimination and prejudice based on social status, ethnicity, disabilities and other characteristics.

## Target groups (beneficiaries)

The NBS key target groups are disadvantaged and socially excluded such as:

- people with autism in the neighbouring housing development of New Jelkovec,
- local people with physical and mental disabilities,
- war veterans,
- children and aldults with disabilities from the entire city.

## Main responsible partner

City Office of Economy, Environmental Sustainability and Strategic Planning of Zagreb

#### Contact

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# Area of implementation

The therapeutic garden is implemented on a portion of land of 5145 m<sup>2</sup>, in the southern part of the Sljeme factory area.

Approximate coordinates: 45°49'14.3"N, 16°06'28.9"E

## ProGIreg partners involved

- NGO ZIPS Green and Blue Sesvete providing the link to the local community
- AF- consultation on spatial planning
- ZZPUGZ consultation on planning regulations and requirements

# Other stakeholders involved

- Mali dom-Zagreb, Daycare center for the rehabilitation of children and youth founded by the City of Zagreb
- Novi Jelkovec institution providing social services in the community to children with developmental disabilities, younger adults and adults with disabilities.
- City Office of Social Protection, Health, War Veterans and People with Disabilities

## Implementation budget

Total implementation budget: 389.060 € proGlreg funding: 296.785 € City of Zagreb: 92.275 €

Timeframe Start

August 2020



Completion May/June 2021

