

# Front Runner City Dortmund :: Living Lab Huckarde



Dortmund c. 600,000 (2022)  
Living Lab c. 9,000 (2021)



280.7 km<sup>2</sup>  
22.8 km<sup>2</sup>

Dortmund is the largest city in Germany's former coal mining and steel industry center. Deindustrialization is driving economic, social and environmental transformation. Large-scale contaminated brownfields, former industrial and transport sites are in need of redeveloping and socio-economic disparities addressed.

NBS activities in the post-industrial Living Lab in Huckarde district focused on improving green corridors, testing food production systems on contaminated soil and community-led urban garden projects.

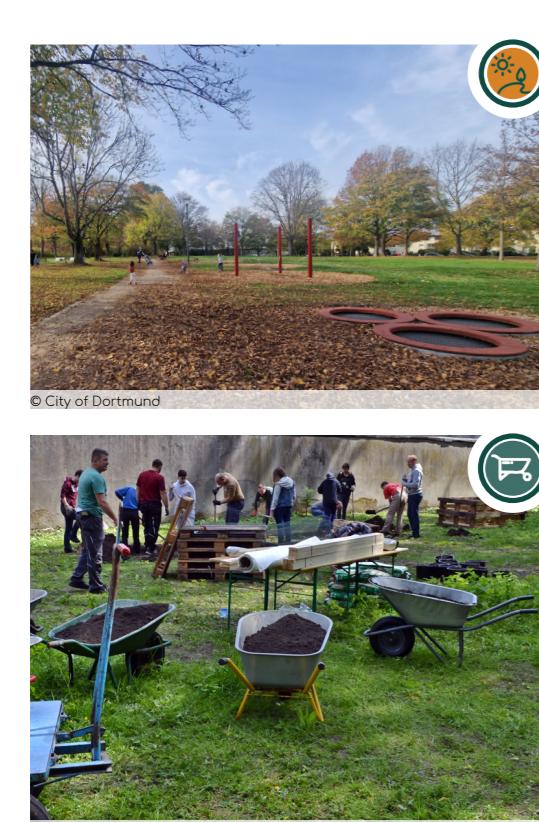
## Lage und Umsetzungsstand Huckarde Living Lab, Dortmund

### Status quo of Huckarde Living Lab, Dortmund

Living Lab Plan | Living Lab Vision map

Update: 11.2022

Ziel 1 Zur Stärkung des sozialen Zusammenhalts und der Identifizierung mit dem Stadtteil sollen in Huckarde neue Grüne Infrastrukturen entstehen und die Angebote an die Bevölkerung sich gärtnerisch zu betätigen, verbessert werden. <b>Goal 1</b> Implementing Green Infrastructure and gardening activities to Improve the social situation and to foster identity within Huckarde.
Ziel 2 Beteiligung der Bürgerinnen und Bürger bei der Planung und Unterhaltung von „grünen Projekten“. <b>Goal 2</b> Involving citizens in the design and management of projects with nature based solutions.
Ziel 3 Beförderung von neuen Geschäftsmodellen, die auf der Idee einer natürlichen Kreislaufwirtschaft beruhen. <b>Goal 3</b> Promoting new professionalism and business models based on natural solutions of circular economy.



**NBS 1 – Sportangebote im Gustav-Heinemann-Park**  
Ort: Gustav-Heinemann-Park, Dortmund Huckarde

Beschreibung: Öffentlich zugängliche Bewegungsgeräte, die Bürger verschiedener Altersgruppen zum spielerischen Gebrauch einladen und die einen gesundheitsförderlichen Ausgleich zu überwiegend sitzenden Tätigkeiten im Alltag darstellen.

Partner: Stadt Dortmund, Amt für Stadterneuerung

Weitere Akteure: Grünflächeamt der Stadt Dortmund, Gustav-Heinemann-Gesamtschule, Huckarde Vereine



**NBS 3 – Waldgarten in St. Urbanus**

Ort:

Gardens of St. Urbanus parish, Dortmund Huckarde

Beschreibung: Auf dem Gelände der St. Urbanus-Gemeinde in Huckarde entsteht auf einer Fläche von 3000 m<sup>2</sup> ein Waldgarten, in dem vornehm essbare Pflanzen in einem Kreislaufsystem vorgesehen sind. Aquaponik heißt dieses Konzept, bei dem Pflanzenwurzeln in einem Gewächshaus direkt in einem Becken mit Wasser und Nährstoffen schwimmen. Der Waldgarten ist ein Beispiel, wie Gärten in der Stadt produktiv und umweltfreundlich gestaltet werden können. Er wird in mehreren Workshops von der Gemeinde aufgebaut.

Partner:

Fachhochschule Südwestfalen, die Urbanisten e.V.

Weitere Akteure:

Kath. Kirchengemeinde St. Urbanus



**NBS 4 – Aquaponics**

Ort:

Hansa Hütte, Dortmund Huckarde

Beschreibung: Auf einer Fläche des Industriedenkmales Kokerei Hansa entsteht eine wissenschaftliche Versuchsanlage, in der perspektivisch Fisch- und Pflanzenzucht in einem Kreislaufsystem vorgesehen sind. Aquaponik heißt dieses Konzept, bei dem Pflanzenwurzeln in einem Gewächshaus direkt in einem Becken mit Wasser und Nährstoffen schwimmen. Das Konzept wird weiterentwickelt.

Partner: die Urbanisten e.V., South Westphalia University of Applied Science, Aquaponik Manufaktur GmbH, Cybotronics GmbH

Weitere Akteure: Stiftung Industriedenkmalpflege und Geschichtskultur



**NBS 6 – Verbesserte Zugänglichkeit von Freiflächen**

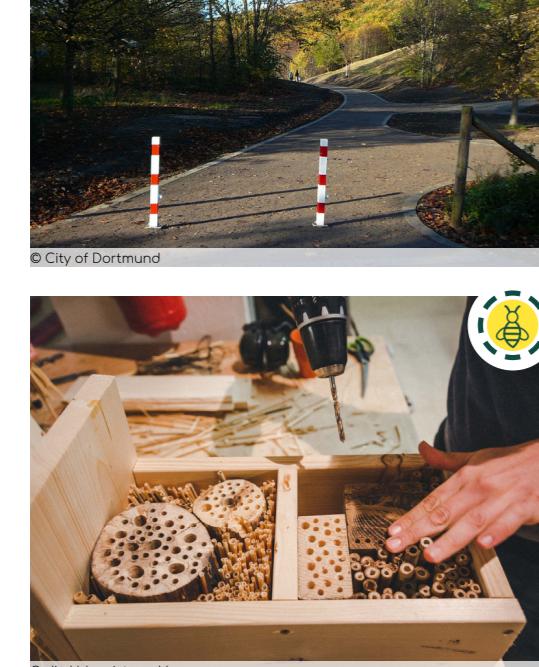
Ort:

Höhe Deuseenberg, Dortmund Huckarde

Beschreibung: Seit der Entstehung des Berghofs 1992 und der anschließenden Reaktivierung hat sich die ehemalige Möllöspronge Deuseenberg zu einem beliebten Naherholungsziel entwickelt. Die Zugänglichkeit auf die Halde besteht fast ausschließlich von Osten; an den Huckarde Siedlungskörper ist die Halde daher nicht gut angebunden. Seit Jahren besteht der Wunsch der Huckarde Bürger, die Zugänglichkeit auf die Halde zu verbessern. Dafür wurde eine barrierefreie Wegverbindung am südöstlichen Hangfuß gebaut.

Partner: Stadt Dortmund, Amt für Stadterneuerung

Weitere Akteure: Entsorgung Dortmund GmbH (EDG GmbH), Emschergenossenschaft



**NBS 8 – Biodiversität für Bestäuberinsekten**

Ort:

verschiedenen Orten in Dortmund Huckarde

Beschreibung: An den Standorten der NBS 3 und NBS 4 sowie auf mehreren Orten in Huckarde werden Pflanzen für Bestäuberinsekten ausgesät. Die einzelnen Pflanzarten sind miteinander verbunden, so dass sich die Insekten einfach zwischen den verschiedenen Grundstücken hin- und her bewegen können. Darüber hinaus profitieren auch die Menschen von der visuellen und ökologischen Aufwertung.

Partner: Fachhochschule Südwestfalen, die Urbanisten e.V.

Weitere Akteure: Stadt Dortmund, Grünflächeamt, NABU, Kleingartenverein „Grüne Hörde“



Planaufstellung  
map design

Projektpartner  
project partners

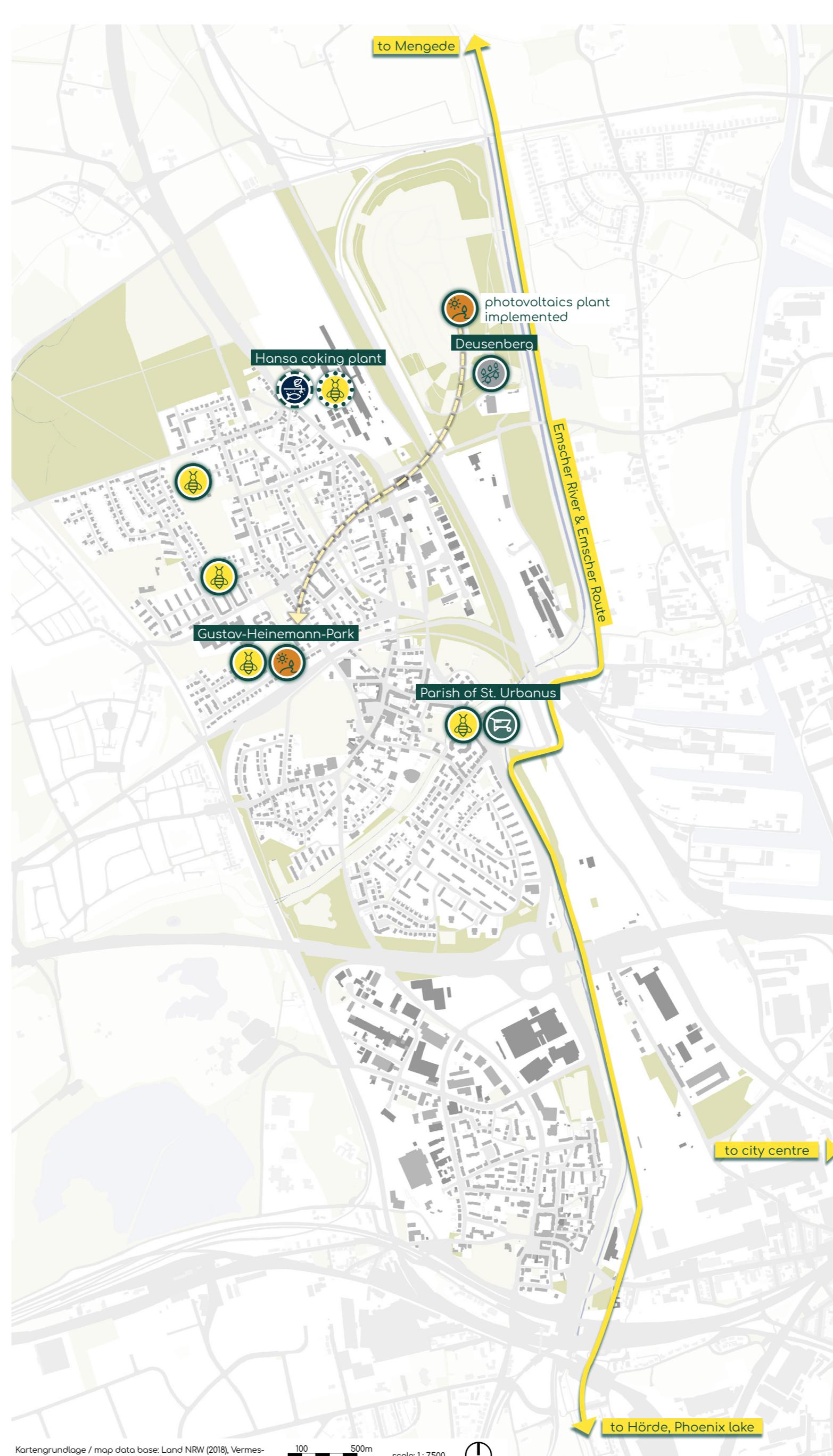
Stadt Dortmund  
Amt für Stadterneuerung

Fachhochschule  
Südwestfalen  
University of Applied Sciences

die urbanisten  
das innen wohnen

aquaponik  
manufaktur

GETROTTECAIUS



## Naturbasierte Lösungen Nature-based solutions

- NBS 1** Freizeitaktivitäten und Produktion regenerativer Energien auf ehemaligen Halden Leisure activities and clean energy on former landfills
- NBS 3** Gemeinschaftsgärten und urbane Landwirtschaft Community-based urban farms and gardens
- NBS 4** Aquaponik Aquaponics
- NBS 6** Verbesserte Zugänglichkeit von Freiflächen Accessible green corridors
- NBS 8** Biodiversität für Bestäuberinsekten Pollinator biodiversity

## Umsetzungsstand Implementation status

- umgesetzt / in Nutzung implemented
- in Umsetzung / in progress
- in Planung / in planning

## Legende Legend

- |                             |                              |
|-----------------------------|------------------------------|
| gebäude Wohngebiet          | Residential buildings        |
| industrie-/ gewerbe Nutzung | Industrial or commercial use |
| grünflächen                 | green spaces                 |
| wald                        | forests                      |
| Emscher                     | Emscher River                |
| Emscherweg                  | Emscher Route                |

Produktive Green Infrastructure for post-industrial urban regeneration (proGREG)

Email: proGREG@stadt.doe.de  
Websites: www.proGREG.eu  
www.proGREG.dortmund.de  
www.honsagruen.de

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement no. 776528



## Front Runner City Dortmund :: Living Lab Huckarde

How and what changed your thinking and planning culture in proGlreg Living Labs, and NBS development?

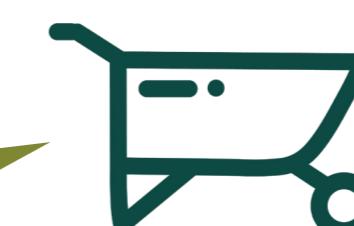
Realizing Green Infrastructure Projects on post-industrial sites are a greater challenge than assumed.

Which NBS, processes, procedures etc. proved to be the most challenging?

- Identify project sites
- Soil contamination causing extra time and financing
- Construction projects extra time for administrative procedures and approval processes
- Secure financing exceeding proGlreg budgets

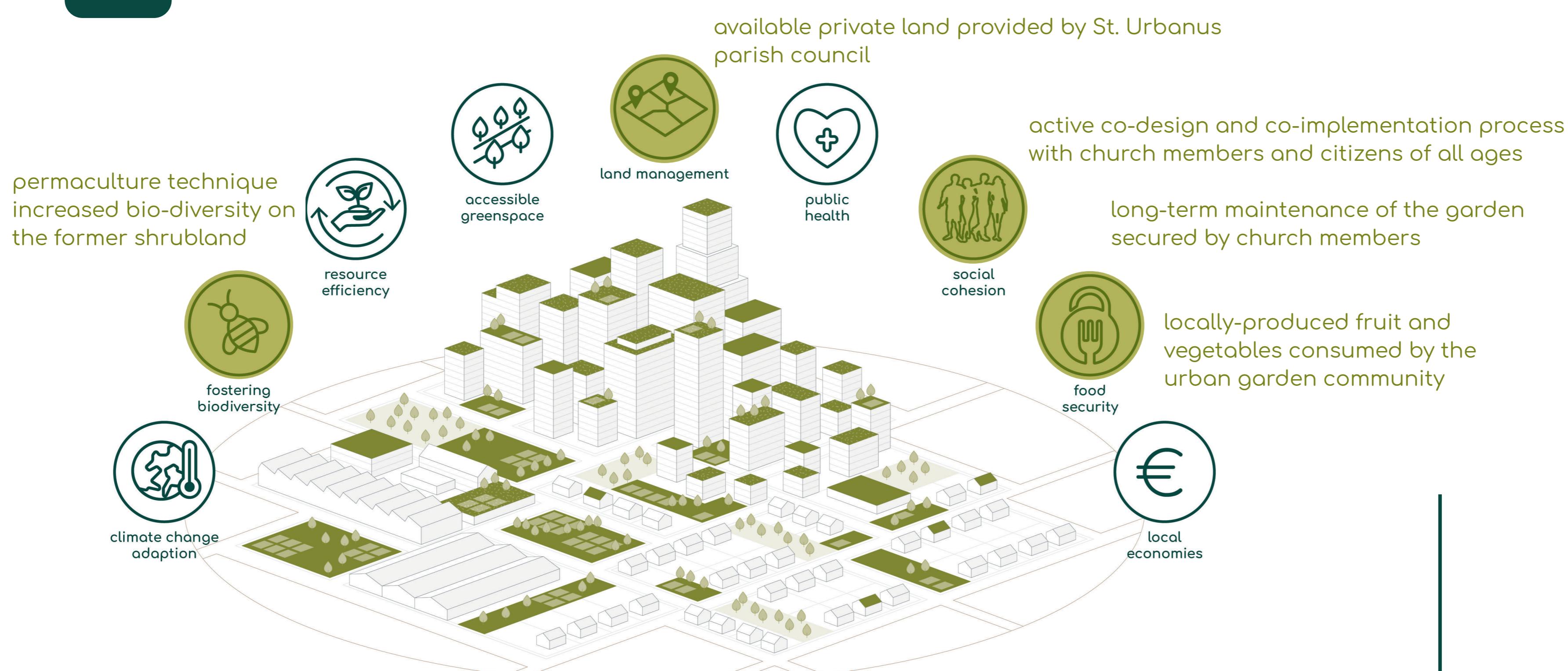
What is your „favourite“ NBS?

NBS 3: Food Forest and Permaculture Orchard St. Urbanus



NBS 3 Community urban gardening and farming

Why?



Scan to watch Living Lab video!

### Front Runner City Turin ::

### Living Lab Mirafiori Sud

NBS revitalising Mirafiori Sud in line with social needs and supported by civic engagement



Turin c. 858,000 (2022)  
Living Lab c. 33,600 (2022)



130.2 km<sup>2</sup>  
11.3 km<sup>2</sup>

The decline of the car manufacturing industry resulted in decreasing population in Mirafiori Sud, socio-economic disparities while leaving many sites empty, disused or abandoned. Located by the river Sangone, the area has high urban regeneration potential building on active local NGOs and strong cultural heritage.

Numerous NBS implementations initiated by proGlreg created green corridors, productive and socially inclusive green spaces while fostering changes in administrative procedures required for managing the transition.

### Mirafiori Sud Living Lab Torino | Mirafiori Sud Living Lab Turin Mappa del Living Lab | Living Lab map

Update: DEC, 2022



**Obiettivi e visione generale del LL**  
**Living Lab goals and overall vision**

Rigenerare e valorizzare le aree insicure o abbandonate del quartiere di Mirafiori coinvolgendo i cittadini nella progettazione e gestione di spazi verdi pubblici.  
To regenerate and enhance the abandoned or unsafe areas of the Mirafiori district by involving citizens in the design and management of public green spaces.

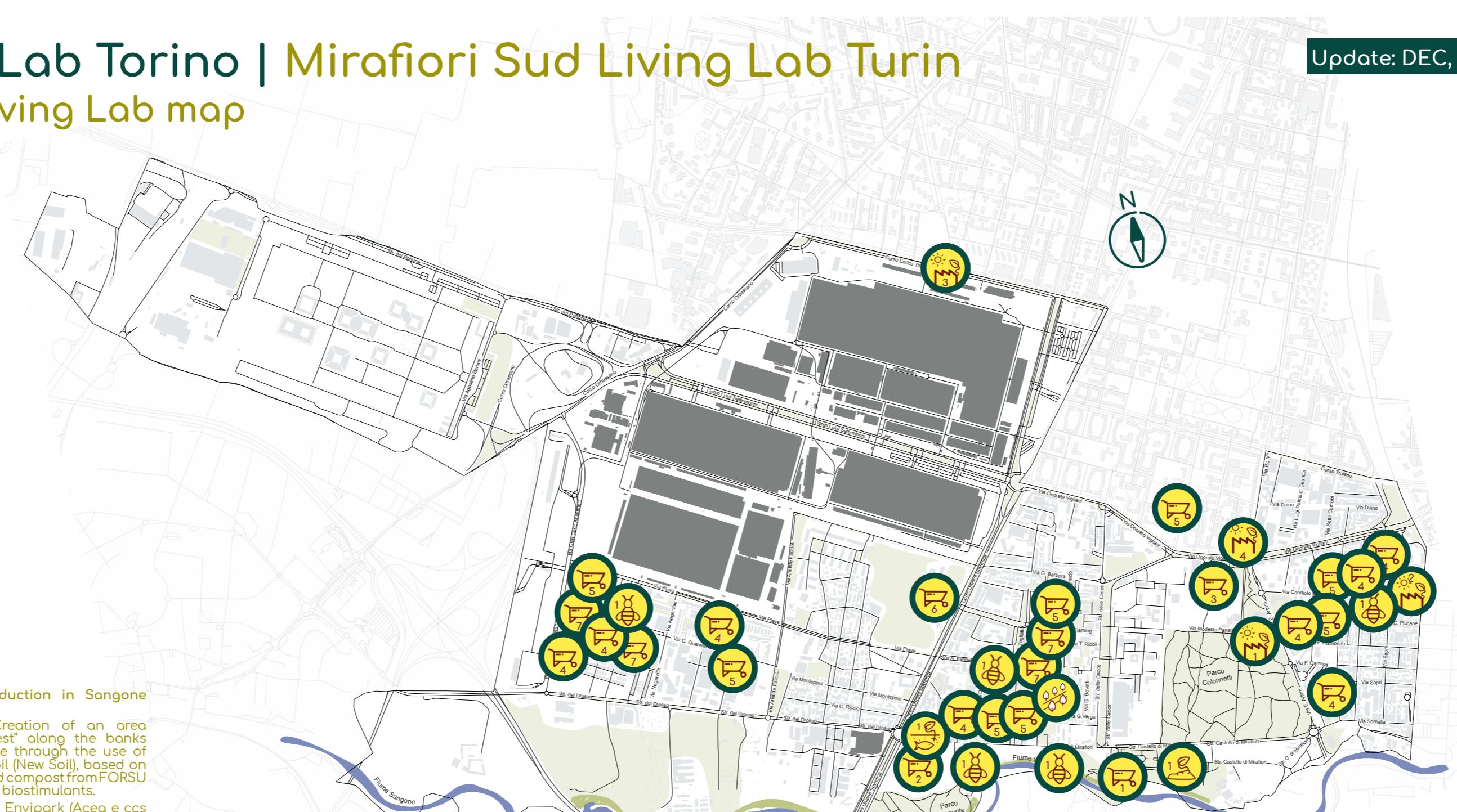
Promuovere nuove professionalità e modelli di business basati sulle soluzioni naturali.  
To promote new professionalism and business models based on natural solutions.

Valorizzare i benefici multipli (sociali, ecologici, economici e per la salute) delle soluzioni naturali inserendole negli strumenti di pianificazione e rigenerazione urbana.  
To demonstrate the multiple benefits (social, ecological, economic and health) of nature-based solutions as an integral tool of urban planning and regeneration.

#### Dettagli sulla NBS 2 | Details on NBS 2

NEW REGENERATED SOIL THANKS TO BIOTIC COMPOUNDS FOR URBAN FOREST AND URBAN FARMING

Prodotto: Nuovo suolo rigenerato nel Parco Sangone.  
Descrizione: Creazione di un'area di foresta urbana lungo le sponde del fiume Sangone con il riciclaggio di suolo rigenerato (New Soil), a base di inerti e compost da FORSU e biostimolanti innovativi.  
Partner: Dual, Envipar, Acea e ccs come terzi partner, Unito (DISAFA e Dip. Chimico), Città di Torino.



#### Dettagli sulla NBS 3 | Details on NBS 3

COMMUNITY-BASED URBAN FARMS AND GARDENING ON POST-INDUSTRIAL SITES

Prodotto: Recupero rovine Castello di Mirafiori.  
Descrizione: Trasformazione paesaggistica per valorizzazione area di interesse storico-ambientale.  
Partner: Orti Generali - Comitato Borgata Mirafiori

Orti Generali.  
Descrizione: Orti individuali e collettivi assegnati con diritti spezziati, aree didattiche e comuni per attività formative e associative.  
Partner: Orti Generali

Giardini fioriti al WOW.  
Descrizione: Giardino in cassone e arnie.  
Partner: Orti Altì, Fondazione Mirafiori, Miravolante, Città di Torino.

Orto a scuola in cassone.  
Descrizione: Realizzazione o integrazione di orti didattici in cassone e di laboratori scientifici rivolti alla scuola media e superiore sui temi del proGlreg.  
Partner: Fondazione Mirafiori, Miravolante, Unito (DBios e DISAFA).

Ortobambini.  
Descrizione: Fornitura di uno stock di cassette per la realizzazione di "micro-orti" e compostiere per le scuole e corsi pratico per gli insegnanti.  
Partner: Iter, Unito (DBios e DISAFA).

Orti comunitari a scuola.  
Descrizione: Orto didattico in cassone.  
Partner: Iter, Liceo Scientifico Primo Levi, Unito (DBios e DISAFA)

Orto tra le case.  
Descrizione: Posa di cassoni fissi per orticoltura urbana.  
Partner: Fond. Mirafiori, Miravolante.

#### Dettagli sulla NBS 4 | Details on NBS 4

AQUAPONICS AS SOIL-LESS AGRICULTURE FOR POLLUTED SITES

Prodotto: Test di acquaponica.  
Descrizione: Sistemi di acquaponica su piccola e media scala, progettati con la comunità e installati in due edifici del quartiere.

Dettagli sulla NBS 5 | Details on NBS 5

CAPILLARY GI ON WALLS AND ROOFS

Prodotto: Nuovo tetto verde Caso Nel Parco.  
Descrizione: Ripristino dell'accesso del tetto verde di Caso Nel Parco.  
Partner: Città di Torino, Fondazione Mirafiori.

Prodotto: Parete verde a scuola.  
Descrizione: Parete indoor e outdoor consistente a vaschette estribili. Progettazione partecipata e co-gestione per la cura della parete, coinvolgimento di studenti e personale scolastico.

Prodotto: Parete verde dormitorio scuolotto.  
Descrizione: Parete verde outdoor portante esterno convasschette rimovibili metà in ferro. Progettazione partecipata e co-gestione per la cura delle pareti con coinvolgimento degli utenti.

Prodotto: Tetto verde al WOW.  
Descrizione: Realizzazione di un tetto verde estensivo sull'edificio WOW.

Prodotto: Corridoio verde.

Prodotto: Corridoio verde.

Prodotto: Green corridor.

## Front Runner City Turin :: Living Lab Mirafiori Sud

How and what changed your thinking and planning culture in proGREG Living Labs, and NBS development?

Which NBS, processes, procedures etc. proved to be the most challenging?

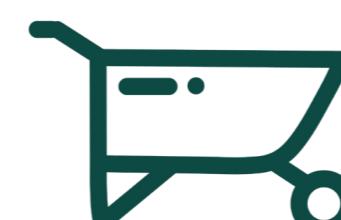
„It's essential to plan, design and manage urban transformations together with private sector, academia and NGOs institutions.“ (City of Turin)

NBS 5 Green roof:

- Abandoned building;
- Structural deficiencies of the building;
- Accessibility permit;
- Public-Private Partnership,
- securing roof maintenance.

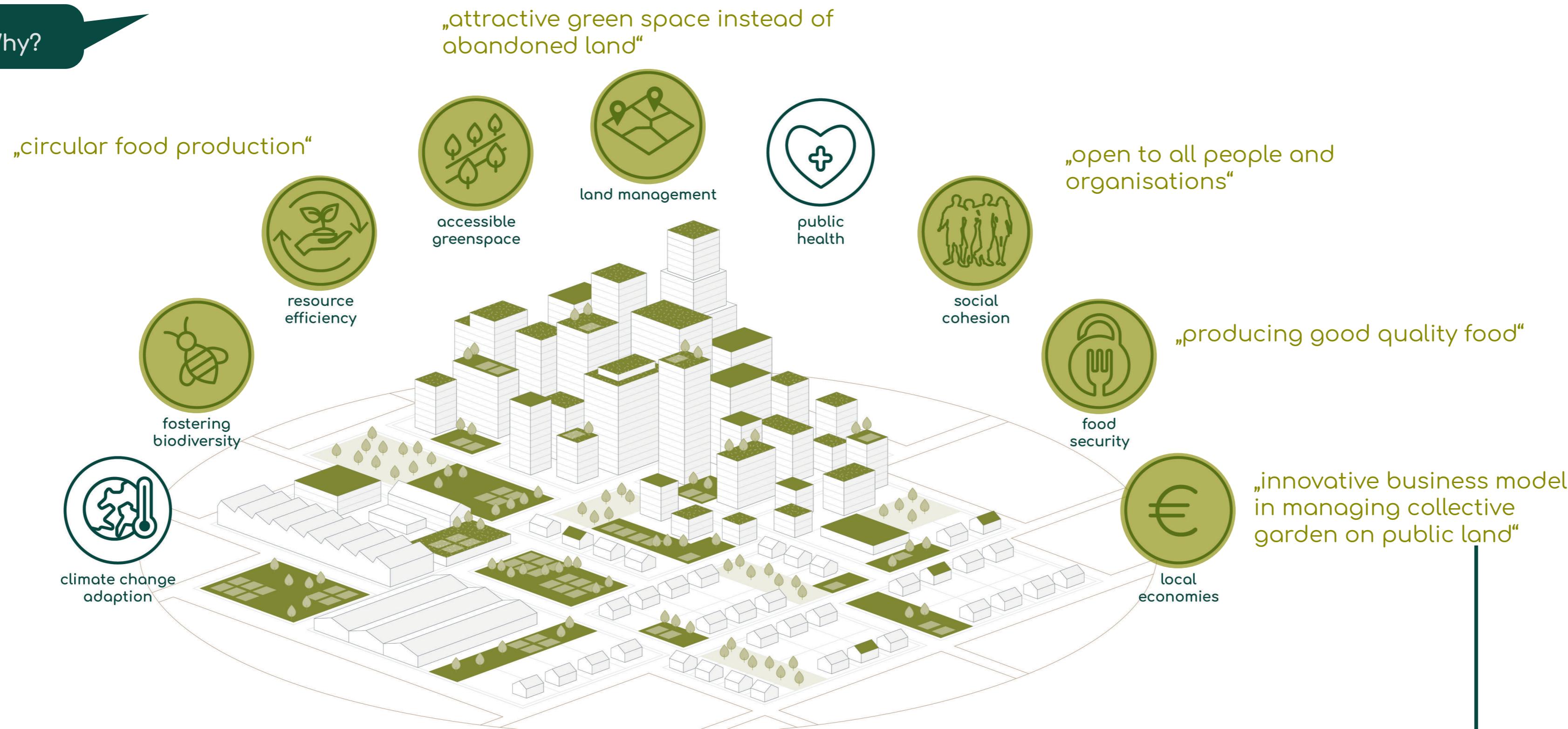
What is your „favourite“ NBS?

NBS 3 Orti Generali benefits for the Living Lab



NBS 3 Community urban gardening and farming

Why?



Scan to watch more videos!



Living Lab



NBS2



NBS3

# Front Runner City Ningbo :: Living Lab Moon Lake



Ningbo  
Living Lab

9,816 km<sup>2</sup>  
2.1 km<sup>2</sup>

Ningbo is a sub-provincial city in Zhejiang Province, China. Rapid urbanisation has led to poor green and blue areas, low quality and lack of green spaces.

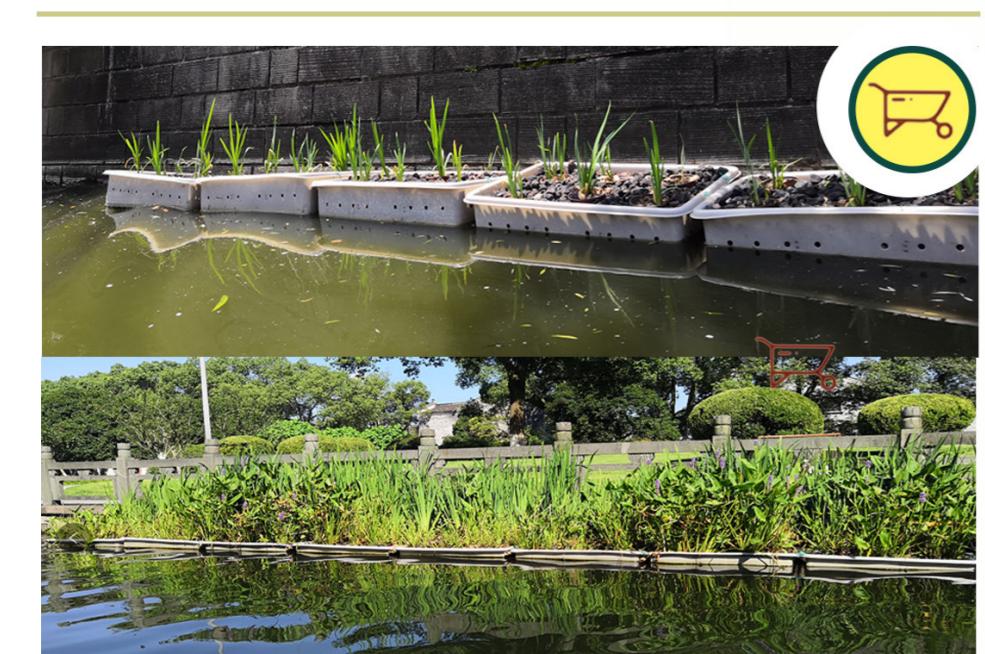
The Living Lab around Moon Lake and Moon Lake Street in the touristic part of downtown Ningbo implemented NBS addressing the key challenge of improving the lake's water quality: Planting aquatic species along the lakeshore using natural purification processes. It also introduced changes to environmental protocols.

## Ningbo Living Lab Map



**NBS type:** New regenerated soil thanks to biotic compounds for urban forestry and urban farming.

**Brief project synthesis:** This NBS is for reusing lake bottom sediments and turning waste into treasure.



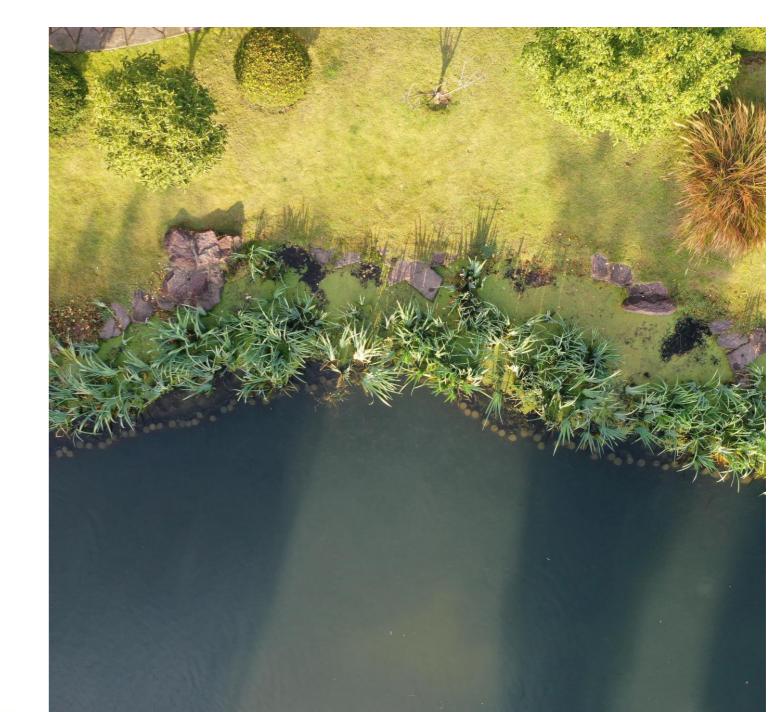
**NBS type:** Community-based urban farming and gardening on post-industrial sites.

**Brief project synthesis:** Planting aquatic plants along the lake can beautify the environment while purifying the water quality. Aquatic plants are being used to re-nature a 5 km corridor.

## Living Lab goals and overall vision

On the lake ecological comprehensive control project within one year after the completion of the main water quality indicators will reach IV class, will reach III class for two years.

Water quality purification and ecological restoration projects will continue to remove pollutants in water bodies through moderate human intervention; improve self-purification ability of water bodies through ecological technology.



proGlreg

### Nature-based solutions

**NBS 2 (canceled)**  
Transforming lake sediment into soil fertilizer  
(Due to the high content of heavy metals in the lake sediment, decided not to implement NBS 2)

**NBS 3**  
Planting aquatic plants along the shore of the lake

**NBS 7**  
Procedures for environmental compensation

### Implementation status

- **implemented**
- **in progress**

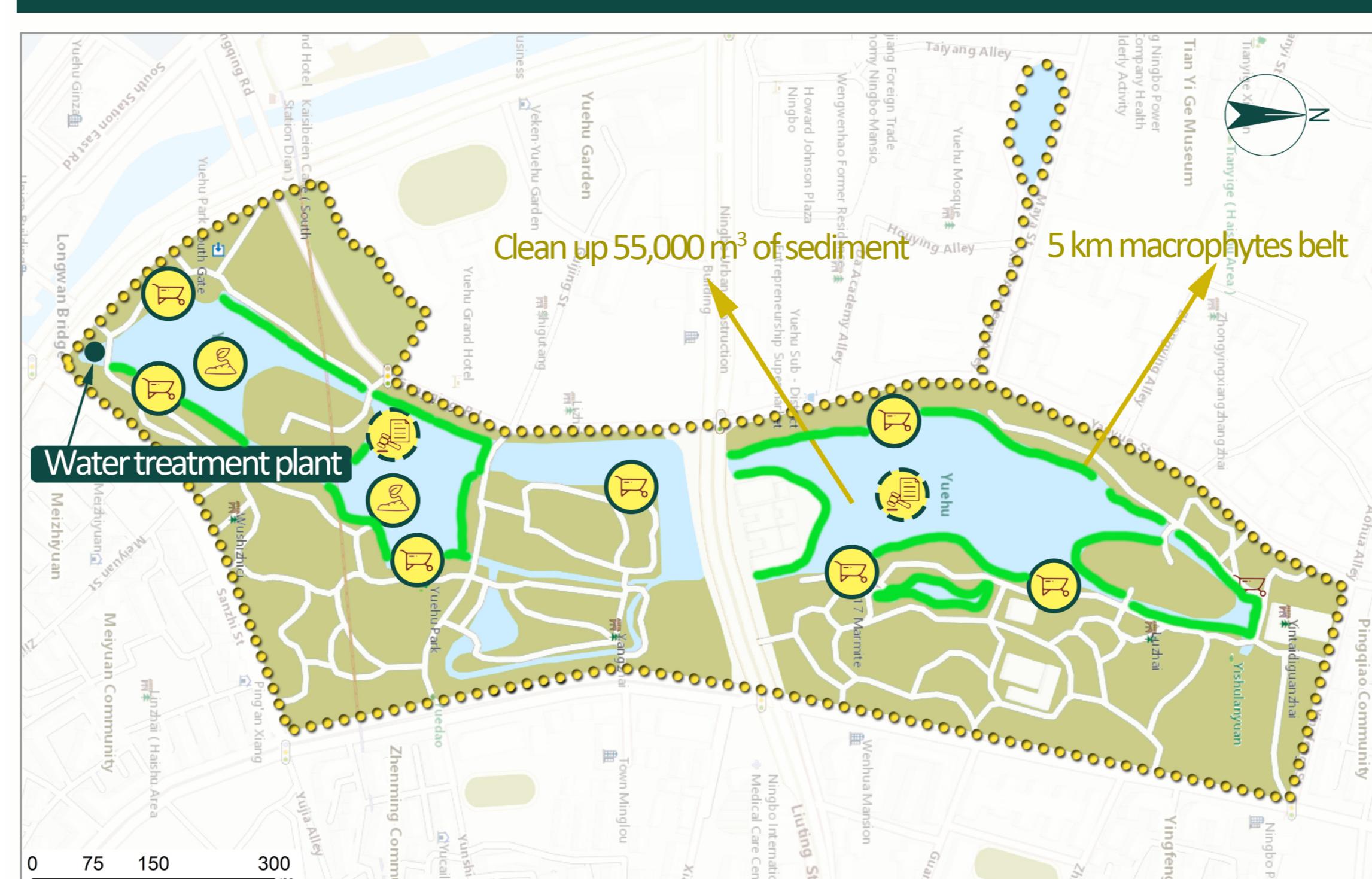
### legend

- ● ● **Living lab**
- ● **Water surface**
- ● **Existing green spaces**
- **Macrophytes belt**

Productive Green Infrastructure for postindustrial urban regeneration (proGlreg)  
Website: [www.proGlreg.eu](http://www.proGlreg.eu)

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement no. 776528.

This work was financially supported by the National Key Research and Development Programme of China (2017YFE0119000).



**NBS type:** Establishing protocols and procedures for environmental compensation at local level.

**Brief project synthesis:** The main content of this activity is to evaluate the comprehensive management results of Mook Lake, that is, collecting meteorological, hydrological, chemical and ecological data to monitor the environment of Mook Lake.





# Front Runner City Zagreb ::

# Living Lab Sesvete



Zagreb      767,131 (2021)  
 Living Lab      55,000 (2021)

461 km<sup>2</sup>  
 0.13 km<sup>2</sup>

Sesvete district on Zagreb's east administrative border is witnessing high population development due to immigration and natural growth (on average youngest community in Zagreb). Given urban sprawl and major east-west transects, Sesvete lacks a distinctive socially inclusive and recreational center.

Therefore, NBS activities are regenerating the formerly inaccessible post-industrial area, also bridging Sesvete's North-South sides. The Living Lab experimented with a therapeutic garden, a mini-farm combining green roof and wall with a small-scale aquaponics system.

Karta Living Labe, Sesvete, Grad Zagreb | Living Lab Map, Sesvete, City of Zagreb | 21/12/2022

**Ciljevi Living Labe**  
**Living Lab goals**  
 Gradovi se sve više suočavaju s posljedicama klimatskih promjena te se u Europi i svijetu sve više prepoznaje važnost zelenih infrastrukura kao sredstva za ublažavanje ekstrema u gradovima. Grad Zagreb zajedno s Dortmundom, Turinom i Ningbom kroz projekt proGREG (produkтивna zelena infrastruktura za urbano obnovu) radi na podizanju kvalitete života lokalne zajednice uvođenjem rješenja temeljenih na prirodi uzimajući u obzir potrebu za produktivnošću.

Cities are increasingly facing the effects of climate changes so the importance of green infrastructures is being recognized in Europe and in the world as a means of mitigating extremes in the cities. City of Zagreb together with Dortmund, Turin and Ningbo through the proGREG project (productive green infrastructure for urban regeneration) works to raise the quality of life of the local communities by introducing nature-based solutions considering the need for productivity.

**NBS 7: Uvodjenje NBS-a u regulativu**  
**NBS 7: Introducing NBS into regulation**  
 nove smjernice za planiranje niskougrijčnog razvoja, koje podrazumijevaju postupak izrade i donošenja prostornih planova kroz rani participativni proces, te zaokret prema niskougrijčnom razvoju.  
 \* new guidelines for low-carbon development planning, implying procedure for development and adoption of spatial plan through early participatory process, and a turn towards low-carbon development.

**NBS 3: Izgradnja novog terapijskog vrta, modernizacija postojećeg gradskog vrta uz korištenje inovativne tehnologije pročišćavanja podzemnih voda, Info centar projekta**

NBS 3: Construction of a new therapeutic garden, modernization of the existing city garden using innovative groundwater treatment technology, project Info point



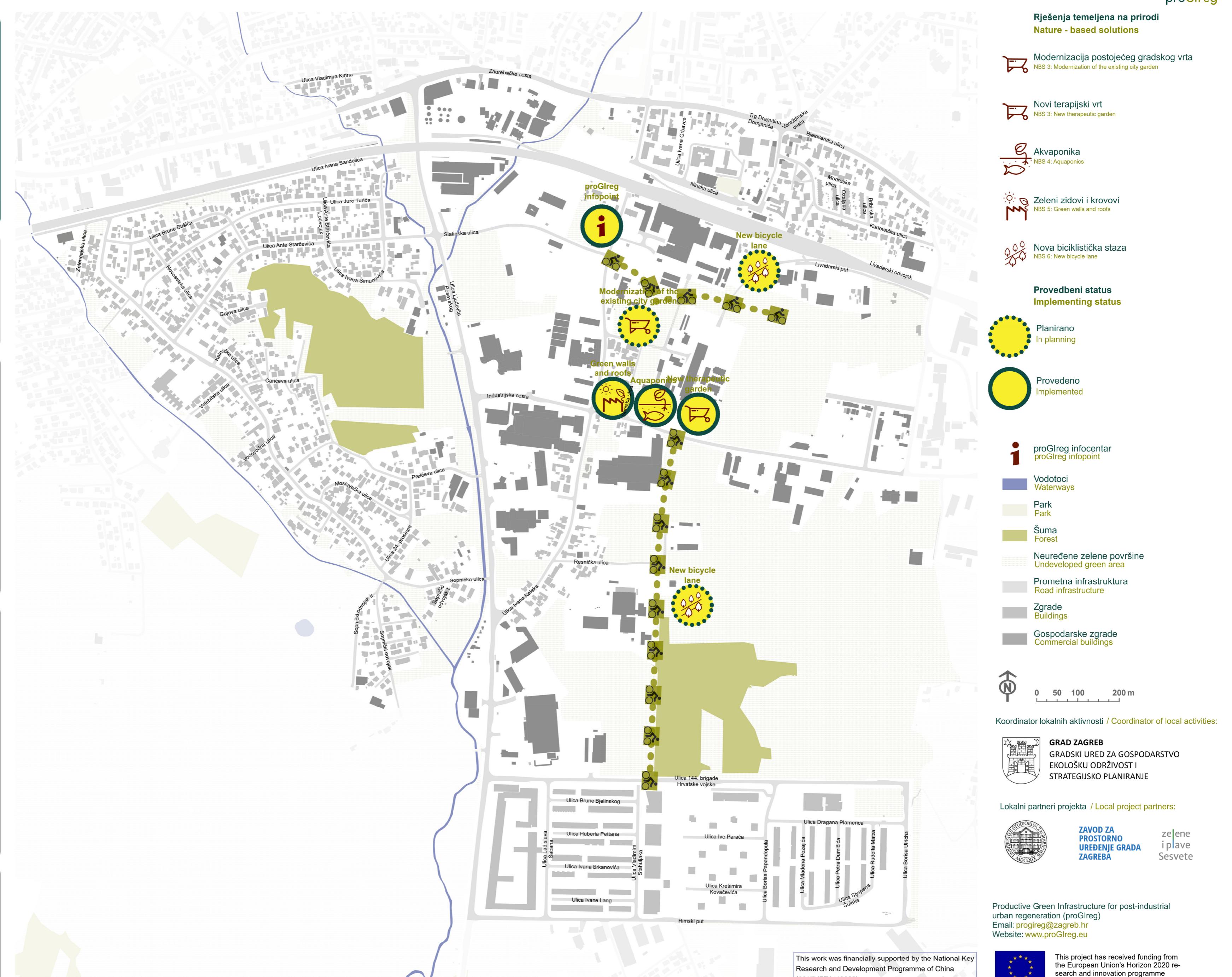
**NBS 4/5: Modularna urbana farma koja kombinira NBS 4 (zeleni zidovi i krovovi) i 5 (akvaponika).** Farma predstavlja pokazni primjer primjene i praktičnih značajki ovih tehnologija

NBS 4/5: Modular urban farm combining NBS 4 (green walls and roofs) and 5 (aquaponics). The farm provides a showcase for the application and practical features of these technologies



**NBS 6: Novi pješačko-biciklistički koridori koji povezuju fragmentirani prostor bivše industrije, gospodarskog prostora i stambenih naselja**

NBS 6: New pedestrian-cycling corridors that connect the fragmented space of former industry, commercial space and residential areas



## Front Runner City Zagreb :: Living Lab Sesvete

How and what changed your thinking and planning culture in proGlreg Living Labs, and NBS development?

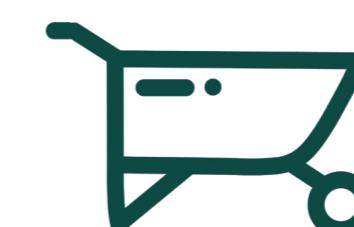
Which NBS, processes, procedures etc. proved to be the most challenging?

New planning paradigm from grey to green introducing NBS.  
(ZZPUGZ - Urban Planning)

- Lack of collective understanding and acceptance of NBS
- Lengthy process of updating spatial/urban plans regarding NBS financing and planning procedures
- Lack of efficient legal instruments for spatial/urban plan implementation on privately owned land

What is your „favourite“ NBS?

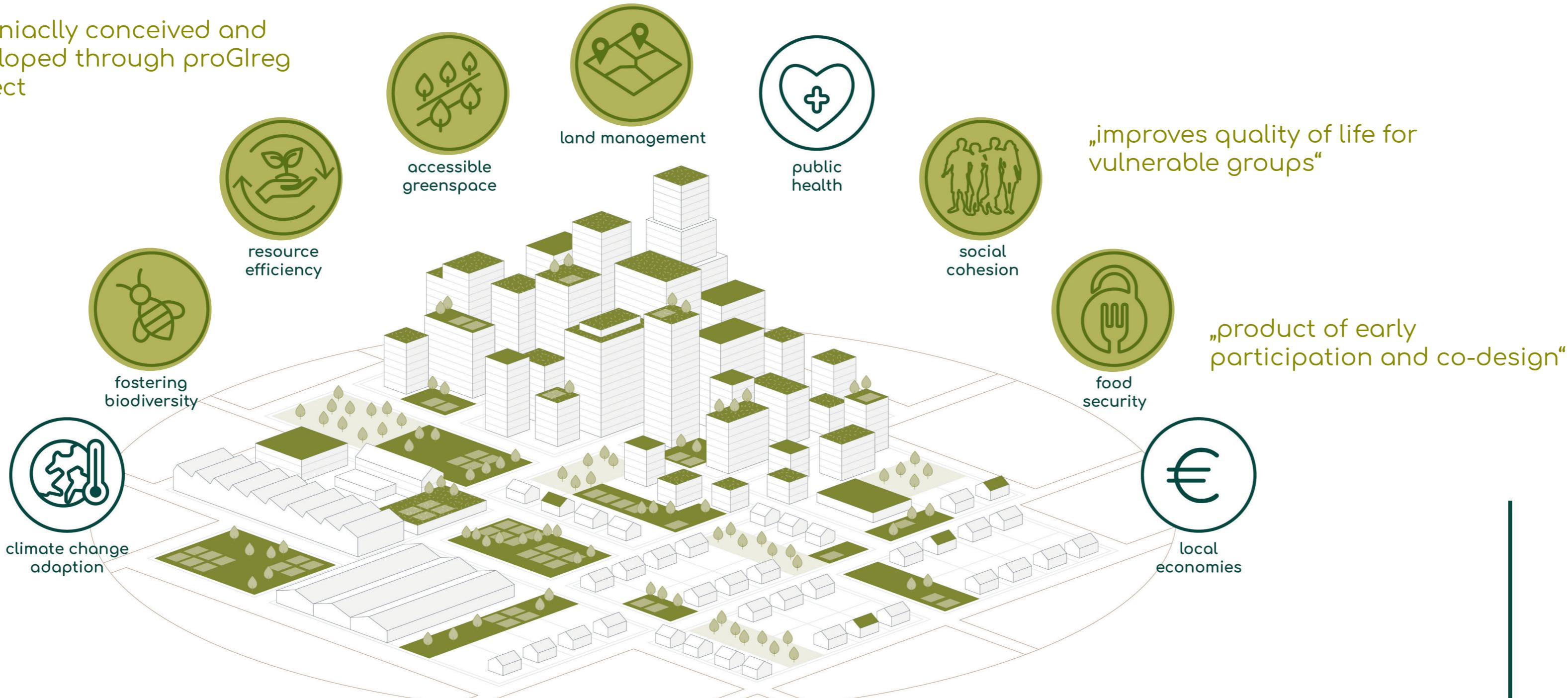
NBS 3 Therapeutic garden



NBS 3 Community urban gardening and farming

Why?

organically conceived and developed through proGlreg project



Wheel-chair friendly raised beds



Sensory walk



View towards former meat processing factory



Scan to watch Living Lab video!