



Living Lab Dortmund, Germany

NBS description

At the site of a former brick manufacture, a four hectare public park was designed and realized in the 1980's. It is located in central Huckarde comprising large green areas and old trees. Except for benches and a playground for toddlers, the park offered few incentives for recreational activities.

Various movement devices have been installed at three areas close to main paths of the park. Their red poles gain attention from afar and are intended to invite park visitors to spend time while improving physical fitness playfully.

Aims & goals

The installation of the movement park was implemented to upgrade the green area, and to invite visitors to achieve, improve, and sustain physical fitness in daily life.

The overall idea is to offer devices that stimulate physical exercises as health prevention and as an adjustment to mainly sedentary activities during daily routine. The Covid-19 lockdowns highlighted the great value of providing a movement park located in the neighbourhood for users of all ages in the outdoors. The chosen movement devices are easy to use, ranging from low to high difficulty levels.

Target groups (beneficiaries)

The public movement park is open to all citizens of Huckarde and other neighbourhoods.

- Main target group are adults who use the park
- Joggers who can integrate exercises into their training
- Pupils of the adjacent Gustav-Heinemann-School during sports classes

Main responsible partner

City of Dortmund, Department of Urban Renewal (lead) in cooperation with the Department of Green Spaces (planning, project control, maintenance).

Contact

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Area of implementation

Eastern part of Gustav-Heinemann-Park in Dortmund-Huckarde
GPS coordinates: 51,53279, 7,40902

ProGireg partners involved

City of Dortmund, Department of Urban Renewal

Other stakeholders involved

- Citizens of the adjacent neighborhoods
- Huckarde sport clubs
- Umbrella association of Huckarde clubs
- Gustav-Heinemann-School
- Local politicians of Dortmund-Huckarde
- Realization: landscape gardener & FHS (devices construction company)

Implementation budget

Total implementation budget: 145.000 €

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| proGireg funding: | 120.000 € |
| proGireg overhead funding: | 25.000 € |

Timeframe

Start
January 2020



Completion
October 2020